

SPA RULES

(This is the wording you will find on your spa rules sign; this is not the actual sign)

1. NO PERSON WITH OR SUSPECTED OF HAVING A COMMUNICABLE DISEASE WHICH COULD BE TRANSMITTED THROUGH THE USE OF THE POOL SHALL WORK AT OR USE ANY PUBLIC POOL.
2. A PERSON WITH ANY CONSIDERABLE AREA OF EXPOSED SUB-EPIDERMAL TISSUE, OPEN BLISTERS, OR CUTS MUST BE WARNED THAT THESE MAY BECOME INFECTED AND ADVISED NOT TO USE THE PUBLIC POOL.
3. ANY PERSON USING A PUBLIC POOL MUST TAKE A CLEANSING SHOWER USING WARM WATER AND SOAP AND THOROUGHLY RINSE OFF ALL SOAP BEFORE ENTERING THE POOL ENCLOSURE. A USER LEAVING THE POOL TO USE THE TOILET MUST TAKE A SECOND CLEANSING SHOWER BEFORE RETURNING TO THE POOL ENCLOSURE. A PERSON WHO EXERCISES, APPLIES LOTION, OR USES A SAUNA OR STEAM ROOM MUST SHOWER BEFORE USING THE POOL.
4. SPITTING, SPOUTING WATER FROM THE MOUTH AND BLOWING THE NOSE IN THE POOL IS PROHIBITED.
5. NO RUNNING OR BOISTEROUS OR ROUGH PLAY, EXCEPT SUPERVISED WATER SPORTS, IS PERMITTED IN THE POOL, IN DRESSING ROOMS OR SHOWER ROOMS, ON RUNWAYS, ON THE DIVING BOARD, OR PLATFORMS.
6. GLASSWARE AND SIMILAR MATERIALS WITH A TENDENCY TO SHATTER ON IMPACT IS NOT ALLOWED IN THE POOL ENCLOSURE AREA.
7. DOMESTIC ANIMALS ARE NOT PERMITTED IN THE POOL ENCLOSURE, SHOWERS, OR DRESSING ROOMS.
8. PREGNANT WOMEN, SMALL CHILDREN, OR PERSONS WITH HEART DISEASE, DIABETES, HIGH BLOOD PRESSURE, OR LOW BLOOD PRESSURE SHOULD NOT ENTER THE SPA EXCEPT UNDER THE ADVICE OF A PHYSICIAN.
9. AVOID USE WHILE UNDER THE INFLUENCE OF ALCOHOL OR DRUGS.
10. EXPOSURE MAY RESULT IN NAUSEA, DIZZINESS, OR FAINTING. OBSERVE A REASONABLE TIME LIMIT.

LOCATION OF EMERGENCY PHONE _____

LOCATION OF FIRST AID KIT _____

SPA HOURS FROM _____ AM TO _____ PM DAILY